Month – October 2026

Title: "Cyber Security and Online Safety"

MENTOR–MENTEE FEEDBACK (MENTEE)

Institution: **Paliwal Degree College, Shikohabad**

Mentor Name: **Shri. P.K. Bharadwaj (Assistant Professor Depatment of Computer Science)**

Date: **17-10-2026**

Section A: Mentor Support

1. Mentor is approachable and supportive. (A) Excellent (B) Good (C) Average (D) Poor

2. Mentor listens to my problems carefully. (A) Excellent (B) Good (C) Average (D) Poor

3. Mentor provides academic guidance. (A) Excellent (B) Good (C) Average (D) Poor

4. Mentor helps in career planning. (A) Excellent (B) Good (C) Average (D) Poor

5. Mentor motivates me to improve. (A) Excellent (B) Good (C) Average (D) Poor

Section B: Academic & Personal Development

6. Improves academic performance. (A) Yes (B) No

7. Guides in stress management. (A) Yes (B) No

8. Encourages participation in activities. (A) Yes (B) No

9. Provides useful suggestions. (A) Yes (B) No

Section C: Overall Satisfaction

10. Overall satisfaction with mentor. (A) Excellent (B) Good (C) Average (D) Poor

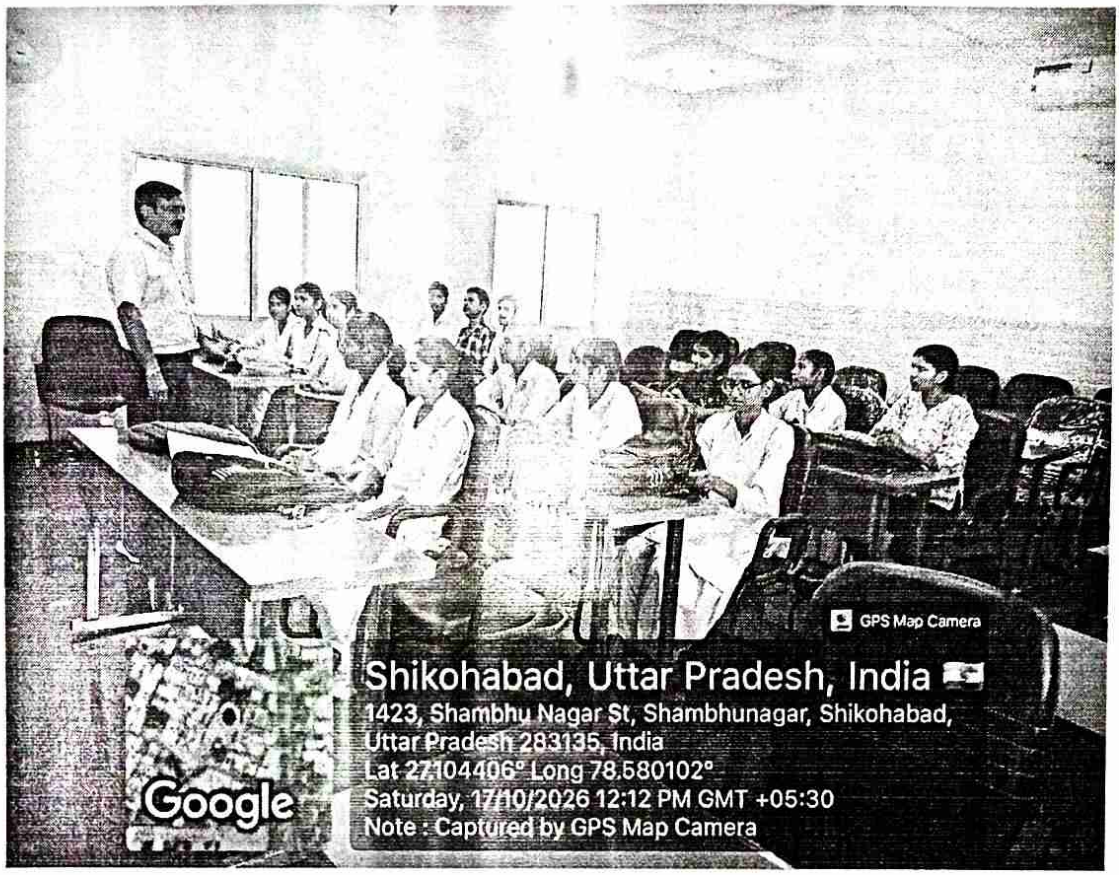
Instructions to Students

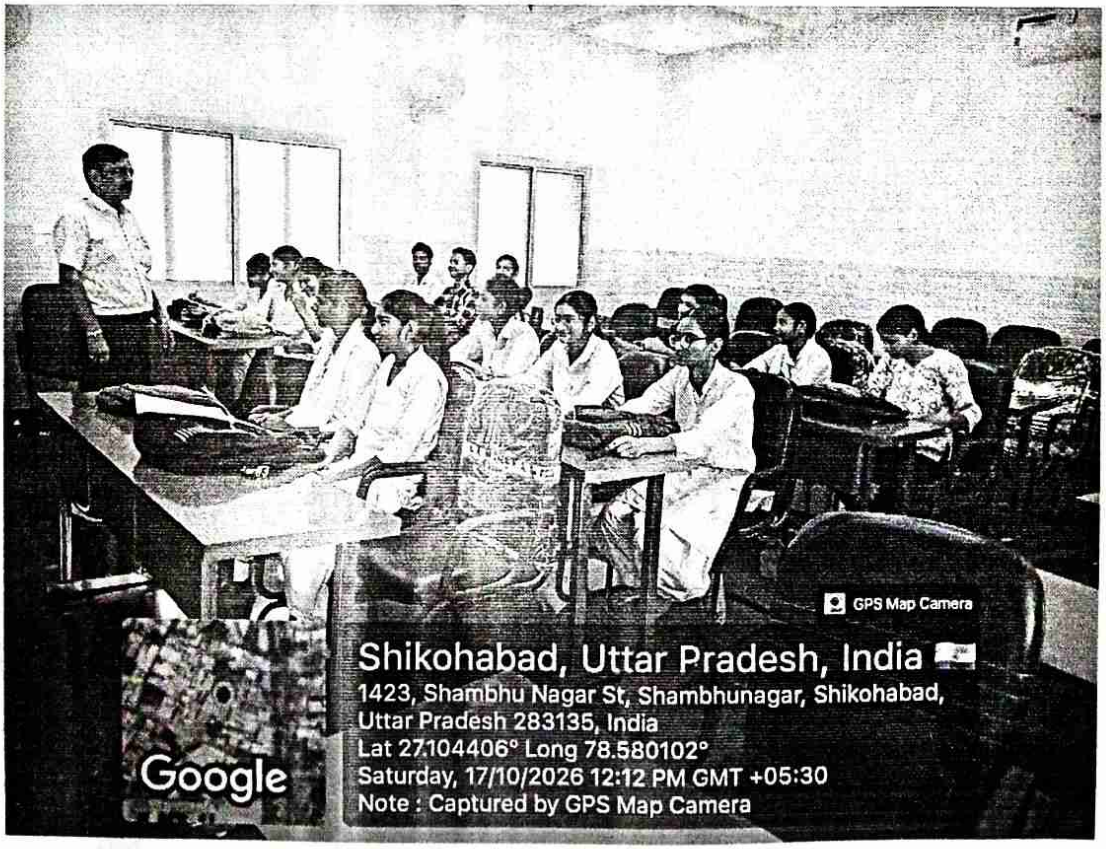
- Write only option codes. (A/B/C/D)
- Do not write full answers.
- Sign after completing all responses.

STUDENTS RESPONSE SHEET

S.No.	Students Name	Roll No.	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	Signature
1	Deepak Kumar	2600440004025 3	A	B	A	A	B	B	A	B	A	A	Deepak Kumar
2	Rupendra	2600440004025 4	A	B	B	B	A	A	B	A	B	A	Rupendra
3	Priya	2600440004025 5	A	B	B	A	A	B	B	A	B	A	Priya
4	Sneha Sharma	2600440004025 6	A	B	B	A	A	B	A	B	A	B	Sneha
5	Jaya	2600440004025 7	A	B	A	B	B	A	B	A	B	A	Jaya
6	Atul Kumar	2600440004025 8	A	B	A	A	B	A	B	A	A	B	Atul
7	Nandini Singh	2600440004025 9	B	A	B	B	A	B	A	B	B	A	Nandini
8	Muskan	2600440004026 0	B	A	A	B	A	B	A	B	B	A	Muskan
9	Ishu	2600440004026 1	A	B	A	A	B	A	A	A	B	B	Ishu
10	Ashwani Kumar	2600440004026 2	A	B	A	B	A	A	A	B	B	A	Ashwani
11	Saumya Yadav	2600440004026 3	A	B	A	B	B	A	A	B	A	A	Saumya
12	Anushka Soni	2600440004026 4	B	A	B	A	B	A	B	B	A	B	Anushka
13	Priya	2600440004026 5	B	A	B	A	A	A	B	A	A	A	Priya
14	Khushi Jain	2600440004026 6	B	B	A	B	B	B	B	B	B	A	Khushi Jain
15	Priyanshi Kulshrestha	2600440004026 7	A	A	B	B	A	B	A	B	A	B	Priyanshi
16	Amit Kumar	2600440004026 8	A	B	A	A	B	A	B	A	A	A	Amit Kumar
17	Srashti Yadav	2600440004026 9	A	B	A	B	B	A	B	A	A	A	Srashti
18	Shalak Yadav	2600440004027 0	A	A	B	B	A	A	B	A	B	B	Shalak
19	Riya	2600440004027 1	B	A	B	A	A	B	A	A	B	A	Riya
20	Mayaram Bhardwaj	2600440004027 2	B	A	B	A	A	A	B	A	B	B	
21	Anshul Rajput	2600440004027 3	A	B	A	B	A	A	B	B	A	B	Anshul
22	Nitendra Pratap Singh	2600440004027 4	A	B	A	B	A	B	B	B	A	B	Nitin Pratap
23	Pranshu	2600440004027 5	A	B	A	B	A	A	A	B	B	A	Pranshu

	Students Name	Roll No.	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	Signature
24	Gaurav Yadav	2600440004028[illegible]	A	A	A	B	B	B	A	B	A	B	Gaurav
25	Arju Rajput	26004400040277	B	B	A	A	A	A	B	B	A	B	Arju
26	Aakanksha Yadav	26004400040278	A	A	B	A	B	A	B	B	A	B	Aakanksha
27	Shivanjali	26004400040279	B	A	A	B	A	B	B	A	A	B	Shivanjali
28	Divya	26004400040280	B	A	B	A	B	A	B	A	A	B	Divya
29	Kirti	26004400040281	B	A	B	B	A	A	B	B	A	B	Kirti
30	Sandhya	26004400040282	B	A	A	B	A	A	B	A	B	A	Sandhya
31	Pratima Chauhan	26004400040283	A	A	B	B	A	B	A	A	B	B	Pratima
32	Abhishek Yadav	26004400040284	B	A	B	A	B	A	B	A	B	B	Abhishek
33	Abhishek Kumar	26004400040285	B	A	A	B	A	B	B	A	B	A	Abhishek
34	Ashutosh Kumar	26004400040286	B	A	A	B	A	B	B	A	A	B	Ashutosh
35	Ajay Yadav	26004400040287	A	A	B	A	B	A	B	A	A	B	Ajay
36	Rani	26004400040288	B	B	A	A	B	A	B	B	B	B	Rani
37	Arushi Yadav	26004400040289	A	B	A	B	A	B	A	B	A	B	Arushi yadav
38	Saloni Upadhyay	26004400040290	A	B	B	A	B	B	A	A	A	B	Kamal
39	Kamal Pratap	26004400040291	B	A	A	B	A	A	A	B	A	A	Kamal
40	Sahil Kumar	26004400040292	A	B	B	A	A	B	A	B	A	B	Sahil kumar
41	Shiv Pratap Singh	26004400040293	A	B	A	A	B	A	A	B	B	A	Shiv
42	Simran Kaur	26004400040294	A	B	A	A	B	B	B	A	A	B	Simran
43													
44													
45													


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1423, Shambhu Nagar St, Shambhunagar, Shikohabad,
Uttar Pradesh 283135, India
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MENTOR-MENTEE PROGRAM REPORT

Topic: Cyber Security and Online Safety

Name of the Institution : *Paliwal (P.G.) College, Shikohabad*
Department : *Computer Science*
Name of the Mentor : *Pawan Kumar Bharadwaj*
Date of the Program : *17/10/2026*
Venue : *Paliwal (P.G.)College , Shikohabad*

1. Introduction

A Mentor-Mentee Program was organized to create awareness among students about Cyber Security and Online Safety. In the present digital era, computers, smartphones, social media platforms, online banking, and digital learning tools have become essential parts of everyday life. However, the increasing use of digital technology has also created risks such as cyber fraud, identity theft, phishing, online harassment, and data breaches.

The main purpose of this session was to educate students about common cyber threats and encourage them to adopt safe and responsible online practices.

2. Objectives of the Program

To develop awareness about cyber security and digital privacy.
To educate students about different types of cybercrime.
To explain the importance of strong passwords and two-factor authentication.
To identify phishing emails, suspicious links, and fraudulent messages.
To promote safe use of social media and online platforms.
To encourage responsible digital behaviour among students.
To provide guidance on reporting cybercrime and online fraud.

3. Topics Discussed

A. Introduction to Cyber Security
Cyber security refers to the protection of computers, mobile devices, networks, applications, and personal information from unauthorized access, misuse, or cyberattacks.

B. Common Cyber Threats
The mentor explained common cyber threats, including phishing emails and fraudulent messages; identity theft and misuse of personal information; online financial fraud and fake payment requests; malware, viruses, and suspicious applications; cyberbullying and online harassment; and fake websites, job offers, and social media accounts.

C. Password Safety

Students were advised to create strong and unique passwords for different accounts, avoid sharing passwords, and enable two-factor authentication wherever available. They were also encouraged to use a password manager when appropriate.

D. Safe Use of Social Media

The mentor explained the importance of maintaining privacy settings, avoiding the public sharing of sensitive personal information, verifying unknown profiles, and thinking carefully before posting photographs or personal details online.

E. Safe Online Transactions

Students were advised never to share OTPs, PINs, passwords, or confidential banking details with anyone. They were also informed that unknown links, QR codes, and requests for urgent payments should be verified before taking action.

F. Data Privacy and Device Security

The session covered the importance of updating software, downloading applications only from trusted sources, using secure internet connections, locking devices, and backing up important data regularly.

4. Safety Measures Explained to Students

Use strong and unique passwords.
Enable two-factor authentication.
Never click suspicious links or download unknown attachments.
Do not share OTPs, PINs, or banking credentials.
Keep operating systems and applications updated.
Avoid using public Wi-Fi for sensitive financial transactions.
Check website addresses before entering personal information.
Review privacy settings on social media accounts.
Report suspicious activities immediately.
Never engage in cyberbullying or share another person's private information without permission.

5. Student Interaction and Activities

An interactive discussion was conducted to help students understand practical cyber security situations. Students were encouraged to identify suspicious messages, discuss safe password practices, and recognize warning signs of online scams.

Illustrative examples of phishing messages and fraudulent online offers were discussed. Students were also encouraged to share their questions and clarify doubts regarding digital privacy, online payments, and social media safety.

6. Reporting Cybercrime in India

Students were informed that cybercrime and online financial fraud should be reported promptly through appropriate official channels.

National Cyber Crime Reporting Portal: https://cybercrime.gov.in

Cybercrime Helpline: 1930, particularly for urgent reporting of financial cyber fraud.

Preserve relevant evidence, such as transaction IDs, screenshots, messages, and website details, wherever safe and appropriate.

Students were advised to contact their bank or payment provider immediately if a financial fraud occurs.

7. Learning Outcomes

Understand the importance of cyber security in daily life.
Recognize common online scams and cyber threats.
Apply safe password and account protection practices.
Use social media and digital platforms responsibly.
Protect personal information and digital identity.
Know where to seek help when encountering cybercrime.

8. Role of the Mentor

The mentor guided students in understanding the risks associated with digital technology and emphasized the importance of awareness, caution, and responsible online behaviour. The mentor encouraged students to adopt safe digital habits and seek assistance whenever they encountered suspicious online activities.

9. Conclusion

The Mentor-Mentee Program on "Cyber Security and Online Safety" was an informative initiative aimed at developing digital awareness and responsible technology usage among students. The session highlighted that cyber security is a shared responsibility and that simple precautions can significantly reduce online risks.

The program encouraged students to remain alert, protect their personal information, verify suspicious communications, and use digital platforms safely and ethically.

Date : 17/10/2026

P.Bharadwaj 17-10-26
[P.K.Bharadwaj]
Mentor

Singh 17/10/2026
[Virendra Singh]
Coordinator

17-10-26
[Prof. Vishal Pathak]
Principal
Principal
PALIWAL (P.G.) COLLEGE
SHIKOHABAD

Month – October 2026

Title: "Time Management and Study Planning"

MENTOR–MENTEE FEEDBACK (MENTEE)

Institution: **Paliwal Degree College, Shikohabad**

Mentor Name: **Dr. Anurag Paliwal (Assistant Professor Depatment of Maths)**

Date: **17-10-2026**

Section A: Mentor Support

1. Mentor is approachable and supportive. (A) Excellent (B) Good (C) Average (D) Poor
2. Mentor listens to my problems carefully. (A) Excellent (B) Good (C) Average (D) Poor
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9. Provides useful suggestions. (A) Yes (B) No

Section C: Overall Satisfaction

10. Overall satisfaction with mentor. (A) Excellent (B) Good (C) Average (D) Poor

Instructions to Students

- Write only option codes. (A/B/C/D)
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- Sign after completing all responses.

S.No.	Student's Name	Roll No.	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	Signature
1	Shivangi	25004400402 4	A	A	A	A	A	A	A	A	A	A	Shivangi
2	Shivani	250044 0040215	A	A	A	A	A	A	A	A	A	A	Shivani
3	Shivani Yadav	25004400402 17	A	A	A	A	A	A	A	A	A	A	Shivaniyadav.
4	Shraddha	250044 004021	A	A	A	A	A	A	A	A	A	A	Shraddha
5	Shreya	250044004022 0	A	A	A	A	A	A	A	A	A	A	Shreya
6	Sudha	250044004022 5	A	A	A	A	A	A	A	A	A	A	Sudha
7	Smriti yadav	25004400402 22	A	A	A	A	A	A	A	A	A	A	Smriti yadav
8	Soni	250044004022 3	A	A	A	A	A	A	A	A	A	A	Soni
9	Suhana	250044004022 7	A	A	B	A	A	A	B	A	A	A	Suhana
10	Tanisha	25004400402 30	A	A	A	A	B	A	A	A	B	A	Tanisha
11	Sunaina	250044004022 9	A	B	A	A	A	A	B	A	A	A	Sunaina
12	Tanu	25004400402 32	A	A	A	B	A	A	A	A	B	A	Tanu
13	Trapati	250044004023 8	A	A	A	B	A	A	A	A	B	A	Trapati
14	Upasana	25004400402 39	A	A	B	A	B	A	A	A	A	A	Upasana
15	Vanshika	250044004024 1	A	A	B	B	A	A	A	A	A	A	Vanshika.
16	Vanshika Yadav	25004400402 42	A	B	A	A	B	A	A	A	A	A	Vanshika
17	Yashvi Singh	25004400402 47	B	A	A	A	A	A	A	A	A	A	Yashvi.
18	Vidhi Dixit	2500440402 45	A	A	A	A	A	A	A	A	A	A	vidhi
19	Vaishnavi Rathore	25004400402 40	A	A	A	B	A	A	A	A	A	A	vaishnavi Rathore
20	Tejal Singh	250044 00402 36	A	B	A	A	A	A	A	A	A	A	Tejal
21	Sidra fatima	25004400 402 21	A	B	A	B	A	A	A	A	A	A	Sidra
22	Tanvi Jadon	25004400402 34	A	A	B	A	A	A	A	A	A	A	Tanvi Jadon
23	Tripanti Dach Bhole	25004400402 37	A	A	A	A	A	A	A	A	A	A	Tripanti Dach Bhole

MENTOR–MENTEE PROGRAMME REPORT

Topic: Time Management and Study Planning

Name of the Institution	**Paliwal P.G. College, Shikohabad**
Department	**Mathematics**
Date of the Programme	**17/10/2026**
Name of the Mentor	**Dr. Anurag Paliwal**

1. Introduction

A Mentor–Mentee Programme was organised to guide students on the importance of time management and effective study planning. The session aimed to help students develop good study habits, utilise their time efficiently, balance academic and personal responsibilities, and improve their overall academic performance.

2. Objectives of the Programme

- To make students aware of the importance of time management.
- To develop effective study planning and scheduling habits.
- To encourage students to set realistic academic goals.
- To reduce procrastination and unnecessary distractions.
- To promote regular revision and self-assessment.
- To maintain a healthy balance between studies, rest, and extracurricular activities.

3. Proceedings of the Programme

The mentor interacted with the mentees and discussed common difficulties faced by students in managing their daily schedules. Students were encouraged to identify activities that consume excessive time and to prioritise their academic responsibilities.

The mentor explained the importance of preparing a daily timetable, setting short-term and long-term goals, dividing large tasks into smaller activities, and completing assignments within the prescribed deadlines.

Students were also guided on effective learning techniques, such as regular revision, practice-based learning, preparation of short notes, and solving previous examination questions. The importance of avoiding distractions caused by mobile phones and social media during study hours was emphasised.

4. Key Points Discussed

- Setting priorities: Completing important and urgent tasks first.
- Daily timetable: Allocating fixed time slots for each subject and activity.
- Goal setting: Establishing achievable daily, weekly, and monthly academic targets.
- Effective study techniques: Using active recall, practice questions, and regular revision.
- Avoiding procrastination: Starting tasks on time and breaking difficult topics into smaller parts.
- Managing distractions: Maintaining a focused study environment.
- Health and well-being: Ensuring adequate sleep, exercise, and short breaks.
- Self-assessment: Reviewing weekly progress and modifying the study plan when necessary.

5. Suggested Daily Study Plan

Activity	Suggested Duration
Revision of previous topics	30 minutes
Study of a new topic	60 minutes
Practice and problem-solving	45 minutes
Short break	10–15 minutes
Assignment and note preparation	45 minutes
Daily review and planning	10 minutes

Note: The schedule may be adjusted according to class timings, individual needs, and examination schedules.

6. Role of the Mentor

The mentor provided guidance on developing disciplined study habits and encouraged students to prepare individual study plans according to their academic needs. The mentor also motivated the mentees to discuss academic difficulties, monitor their progress, and seek assistance whenever required.

7. Outcomes of the Programme

The programme helped students understand the value of planned learning and systematic time utilisation. The mentees were encouraged to:

- Prepare and follow a realistic study timetable.
- Complete academic tasks within deadlines.
- Improve concentration and consistency.
- Revise topics regularly.
- Monitor academic progress and identify areas for improvement.

8. Conclusion

The Mentor–Mentee Programme on "Time Management and Study Planning" was a useful academic guidance activity. It emphasised that effective time management, regular practice, realistic goal setting, and disciplined study habits are essential for academic success. The mentees were encouraged to implement the strategies discussed and review their progress regularly.

Date :-- _____/_____/_____

Anurag

[Dr.Anurag Paliwal]
Mentor

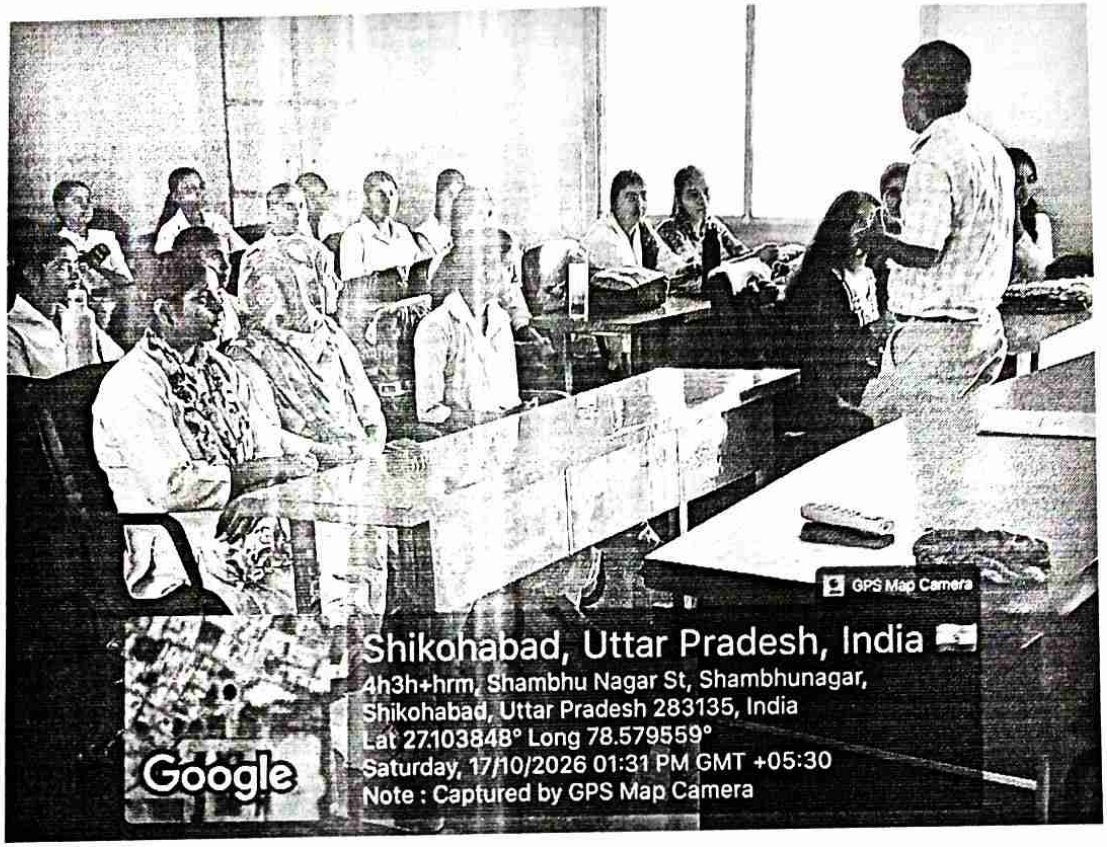
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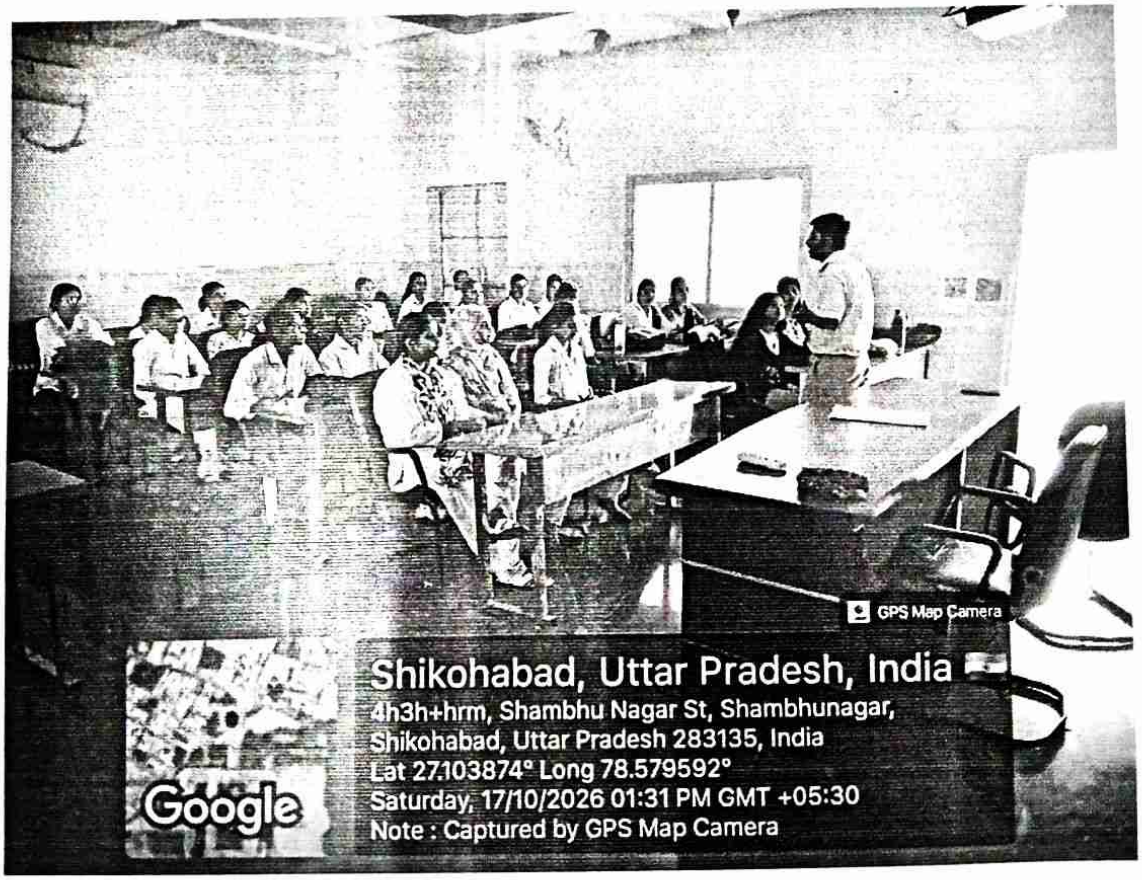
[Virendra Singh]
Coordinator

I. Pal 17-10-26

[Prof. Vishal Pathak]
Principal

Principal
PALIWAL (P.G.) COLLEGE
SHIKOHABAD


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